

PORTER COUNTY PARKS & RECREATION



Community

**Health &
Wellness**



Conservation

PORTER COUNTY PARKS & RECREATION PROGRAM GUIDE
SEPTEMBER 2016 - DECEMBER 2016

Programs at Sunset Hill

Recurring Programs:

Sunset Hill Run Club

Tue/Thur, 8-9 am, Free.
Weekly run group. All Welcome.

Yoga at Sunset Hill

Session 1: Thurs, Sept. 1-Oct. 20,
9:30-10:30 am, \$70 series/\$10 drop
in.

Session 2: Mon/Thurs, Oct. 24-Dec.
19, 9:30-10:30 am, \$140 series/\$10
drop in.

Join Ali at the Sunset Hill Farmhouse
for an hour-long yoga program
that will leave you relaxed and
invigorated.

Beginning/Intermediate Drawing for Adults

Thursdays, Sept. 8-29, 1-2:30 pm,
\$45.

Participants learn drawing
techniques appropriate to their
own level.

Young Artists at Sunset Hill

2nd Thurs., 6-7:15 pm, \$8, 5-12yo.
Painting instruction for all skill levels.

Tween Artists at Sunset Hill

3rd Thurs. in Sept. and Nov., 6-7:30
pm, \$10, 11-16 yo.
Painting instruction for all skill levels.

Meet the Animals

1st Sat. & 2nd Fri. through October,
9:30 am, Free.
Interact with animals & caretakers!

Public Hike

1st Sat. through October, 10:30 am,
Free.
Join our naturalist for a guided hike!

Acrylic Painting

1st Sat. (Oct. 1, Nov. 5, Dec. 3),
10am-12 pm, \$10.
All skills welcome, basic instruction.
We must have 5 registrants to run
class.

Duneland Photo Club

1st Tue., 7-9pm, FREE
Club members meet monthly to
discuss topics related to
photography. For more information,
email
DunelandPhotoClub@gmail.com.

Special Events:

Picture Taking for the Inexperienced Photographer

Sat., Sept. 17, 1:30-5:30 pm, Free.
You don't need a fancy camera!
Bring your cell phone, point and
shoot camera, or any camera.
Learn to use what you have to take
better photos.

Hunting/Trapping 101 Series

Sat. Sept. 24
Intro to Deer Hunting, 9-11 am, \$10.
Intro to QDMA, 1-3 pm, \$10.
Intro to Trapping, 3:30-5:30 pm, \$10.
Come for one or all three of the
introductory programs to hunting
and trapping. Programs are held
outdoors, so dress for the weather.

Kids & Canvas

Sunday, Oct. 9, 1:30-3:30 pm, \$15.
Fun, guided acrylic paint project.
Snacks provided.

FIMO Clay Animals

Sat., Oct. 15, 10 am-12 pm, \$20.
Join Megan and make your very
own FIMO clay animals that you will
take home the same day. Max 15
participants. Pre-registration
required.

Home Brew 101

Sun., Oct. 16, 1:30-4:00 pm, \$60.
You'll learn the home brew process
from beginning to end from Jeff
Blade, owner of Brewhouse Supplies
in Valpo. Participants must
pre-register and be 21 years of age
or older.

Deer Camp

Sat., Oct. 22, 11 am-5 pm, Free.
(Donations accepted.)
Come to the Sunset Hill Camp-
ground to have your antlers scored,
learn field dressing techniques, and
much more. Youth archery will also
be demonstrated. There will be a
campfire to enjoy!

Mom & Me Acrylic Painting

Sat, Oct. 29, 10:30 am-12:00 pm or
12:30-2:00 pm. \$35/two people.
This program for moms and kids
will feature a matching project
that you will paint and take home
the same day. Snacks provided.
Space limited to 13 mom/child
duos. Pre-registration required.

5 Trailheads 5-Mile Fun Run & Food Drive

Sun., Oct. 30, 10 am, Free.
This fun, non-competitive run will
get your feet on the trails. The 5
mile loop will take you through the
entire park. (There's a 5-K option
as well.) This event is also a food
drive for the Westchester Friends
Food Pantry. Potluck lunch
afterwards.

Young Artists -- Holiday Edition

Thurs., Dec. 8, 6-7:15 pm or
Sat., Dec. 10, 10-11:30 am and 12-
1:30 pm. \$8
Join Megan at Sunset Hill for our
special Holiday edition of Young
Artists. Max 25 registrants per
program.



Scan Here to
Register!



View our program offerings and register online at
<http://apm.activecommunities.com/portercountyparks>

Programs at Brineka Cross Gardens

Dream Circle Share

Sat., Sep. 10, Oct. 22, Nov. 19, Dec. 3, 10-12 pm, \$10.
Share and explore your dreams in a safe setting.

Sacred Pregnancy Series

Sun., Sept. 11-Nov. 6, 1-3 pm, \$250.
Join Sara for this 8-week series that will focus on topics related to a healthy pregnancy. No class meeting on Oct. 23.

Infant Massage Workshop

Sat., Oct. 8, 10 am-12 pm, \$30.
Sara will demonstrate the basics of infant massage.

Reiki I

Sunday, Oct. 23, 1-4 pm, \$50.
Reiki is a Japanese technique for working with the life energy that flows through our bodies.

Comfort Measures for Natural Childbirth

Sat., Nov. 5, 9 am-12 pm, \$75/couple.
Natural ways to ease the pain of labor.

Reiki II

Sunday, Nov. 13, 1-4 pm, \$50.
Continue your learning from Reiki I.

Spa for the Soul

Sun., Dec. 11, 12-4 pm, \$35.
Join Cynthia for a half-day restorative retreat that will focus on both mind and body.

Parks on the GO!

Programs at Porter County EXPO Center

Optimal Aging

Wed., Sept. 7, 1 pm, FREE.
Join Purdue Extension for this program on aging healthy.

Empower Me to Be Clutter Free

Wed., Sept. 7, 2 pm, FREE.
Purdue Extension leads this program on de-cluttering and organizing your home.

Stress & Health

Tues., Oct. 18, 10 am, FREE.
Learn how stress affects your health and ways you can minimize it.

Technology 101

Tues., Oct. 18, 11 am, FREE.
Program exploring how to manage technology - from smart phones to Facebook and even Google!

Programs at Hebron Library

Acrylic Painting

1st & 3rd Tuesday (Sept. - Dec. 6), 11-1 pm, \$10.
All skill levels are welcome, all supplies provided.

Programs at Hawthorne Park

Acrylic Painting

Last Wednesdays, (Sept. - Nov.), 3-5 pm, \$10.
All skill levels are welcome, all supplies provided.
Must have 5 registrants to run the class.

Coffee & Canvas: Paint the Masters

Sunday, Oct. 16, 1:30-4:30 pm, \$30.
Fun, guided project painting Monet's "Water Lilies". Coffee and snacks provided.

Programs at Valpo Library

Acrylic Painting

Thurs. Oct. 27, 2-4 pm, \$10.
All skill levels are welcome, all supplies provided.

Programs at Kouts Library

Acrylic Painting

2nd Thursday (Sept., Nov., Dec.), 11-1 pm, \$10.
All skill levels are welcome, all supplies provided.



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**Winter Lights
 Night Festival**

**Saturday,
 November 19th, 2016
 3-8 pm**

*Pictures with Santa
 Dazzling Light Displays
 Caroling
 Fireworks
 Wagon Rides
 Cookie Decorating
 Crafts
 Much More!*

*Sunset Hill Farm County Park
 775 Meridian Rd., Valparaiso*

**Porter County Parks &
 Recreation Department
 Contact Information**

Main Office

Phone.....(219) 465-3586
 Fax.....(219) 465-3640
 155 Indiana Ave., Ste. 304
 Valparaiso, IN 46383

Maintenance.....(219) 252-9157

Recreation.....(219) 734-0203
 Adult & Youth Recreation, Wellness
 & Enrichment Programs

Naturalist.....(219) 465-3641
 Registration for Nature Programs,
 Parks to Schools, Senior Programs

Camp FUNset(219) 309-0680
& Field Trips

Marketing.....(219) 548-0219
& Rentals